

## Calendar of Events

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February 23, 2018

### **CenterPointe Hospital Behavioral Health Lecture**

**CenterPointe Hospital Gym**  
**4801 Weldon Spring Parkway**  
**St. Charles, MO 63304**

08:00 AM - 10:00 AM CST

Debra Morgan, 636-477-2157

dmorgan@cphmo.net

*TOPIC: Dialectical Behavior Therapy in an Intensive Outpatient Program Setting*

*TIME:*

*8:00 a.m. Registration and Continental Breakfast*

*8:30 a.m.—10:00 a.m. Lecture*

*LOCATION: CenterPointe Hospital Gym*

*(tallest bldg. toward back/right side of campus)*

*4801 Weldon Spring Parkway*

*St. Charles (Weldon Spring), MO 63304*

*This educational offering will discuss the origins of Dialectical Behavior Therapy (DBT), how it is different from other treatment approaches and the types of patients who can benefit from DBT. A continuum model of treatment which includes DBT in an intensive outpatient program setting, as well as DBT in individual treatment settings, will be presented. The program will include case studies of patients who have received DBT.*

February 28, 2018

**Business After Hours**  
**Shamrock's**  
**4177 Veterans Memorial Parkway**  
**St. Peters, MO 63376**  
05:00 PM - 07:00 PM CST  
Angie Bienz,  
info@cwschamber.com  
*Business After Hours*

*February's Business After Hours*  
*will be hosted by:*

*Join us for some great networking!*

*Date: Wednesday, February 28, 2018*  
*Time: 5:00 - 7:00 p.m.*  
*Location: Shamrock's*  
*4177 Veterans Memorial Parkway*  
*St. Peters, MO 63376*

March 13, 2018

**March General Membership Meeting**

**Whitmoor Country Club**

**1100 Whitmoor Drive**

**Weldon Spring, MO 63304**

11:00 AM - 01:00 PM CST

Angie Bienz,

admin@cwschamber.com

*Please join us for our March*

*General Membership Meeting*

*Tuesday, March 13, 2018*

*11:00 - 1:00 p.m.*

*Hosted by:*

*Whitmoor Country Club*

*1100 Whitmoor Drive*

*Weldon Spring, MO 63304*

*Sponsored by:*

*Securus*

*Speaker:*

*Mr. Steve Ehlmann*

March 28, 2018

**Morning Cup**  
**Mercy Kids**  
**4525 Mid Rivers Mall Drive**  
**Cottleville, MO 63376**  
08:00 AM - 09:00 AM CST  
*Please join us at our*  
*Morning Cup*

*Wednesday, March 28, 2018*  
*8:00 - 9:00 a.m.*

*Hosted by:*  
*Mercy Kid's*  
*4525 Mid Rivers Mall Drive*  
*Cottleville, MO 63376*

*Don't forget to bring*  
*plenty of business cards!*

April 18, 2018

**Ribbon Cutting - Lawlor Chiropractic**  
**Cottleville / Weldon Spring Chamber**  
**5342 Highway N**  
**Cottleville, MO 63304**  
11:00 AM - 12:00 PM CST

*Please join us as we celebrate with*  
*Lawlor Chiropractic at their Ribbon Cutting.*

*April 18, 2018*  
*11:00 a.m.*

*6028 Weldon Spring Pkwy*  
*Weldon Spring, MO 63304*

*There will be light refreshments and tours available.*

April 21, 2018

**CWS Chamber of Commerce Trivia Night**  
**Cottleville / Weldon Spring Chamber**  
**5342 Highway N**  
**Cottleville, MO 63304**  
06:00 PM - 11:45 PM CST  
Angie Bienz, 636-336-2979  
admin@cwschamber.com

*April 21, 2018*  
*Doors open at 6:00*  
*Trivia Begins at 7:00*  
*St. Charles Community College Auditorium*

April 28, 2018

**That '80s Run**

**St. Charles Community College**

**4601 Mid Rivers Mall Dr.**

**Cottleville, MO 63376**

07:30 AM - 10:30 AM CST

Heather Mcdorman, 636-922-8277

mac@stchas.edu

*Break out your boom box and spandex for That '80s Run at St. Charles Community College on Saturday, April 28, 2018. This totally tubular event features a 5K, Radical Mile and Wellness Expo.*

*Entrants in the 5K (ages 18 and older) will be automatically entered into a drawing for a \$1,000 scholarship to SCC.*

*Race entry fee includes race registration and a bodacious T-shirt (while supplies last).*

*Register by March 31 (early registration deadline) to guarantee a T-shirt.*

*Visit [www.that80srun.org](http://www.that80srun.org) to learn more.*

*[facebook.com/That80sRun](https://www.facebook.com/That80sRun)*

*[twitter.com/that80srun](https://twitter.com/that80srun)*

*Online registration: <https://racesonline.com/events/that-80s-run/registration>*

May 23, 2018

**Morning Cup**  
**Great Southern Bank**  
**4700 Mid Rivers Mall Drive**  
**Cottleville, MO 63376**  
08:00 AM - 09:00 AM CST

July 25, 2018

**Morning Cup**  
**Scrambled Egg**  
**1009 Wolfrum Road**  
**Weldon Spring, MO 63304**  
08:00 AM - 09:00 AM CST

September 26, 2018

**Morning Cup**

**Cottleville Fire Station 1**

**1385 Motherhead Road**

**Cottleville, MO 63304**

08:00 AM - 09:00 AM CST

*Please join us at our*

*Morning Cup*

*Wednesday, September 26, 2018*

*8:00 - 9:00 a.m.*

*Hosted by:*

*Cottleville Fire District*

*1385 Motherhead Road*

*Cottleville, MO 63304*

*Don't forget to bring*

*plenty of business cards!*



November 28, 2018

**Morning Cup**  
**FASTSIGNS - St. Peters**  
**4101 Mexico Road**  
**St. Peters, MO 63376**  
08:00 AM - 09:00 AM CST  
*Please join us at our*  
*Morning Cup*

*Wednesday, November 28, 2018*  
*8:00 - 9:00 a.m.*

*Hosted by:*  
*FASTSIGNS - St. Peters*  
*4101 Mexico Rd Ste. C*  
*St. Peters, MO 63376*

*Don't forget to bring*  
*plenty of business cards!*